

## They're Soooo Cute



The lovely ladies from Mumsnet sent a selection of vitamins to review for Jelly Bears. We've struggled with getting Molly to take the supplements she needs due to the consistency and taste of the ones prescribed by the GP. As she's multiple allergies her diet can be a bit restricted and discussions with the GP can get a bit fraught as Molly simply refused some of the pills she's be told to take (I've tried them...they really do taste like chalk dust). Enter...the bears....

I left the packs of vitamins on the dining room table with no explanation. As she came in from school she shrieked 'they're soooo cute...can I try one?' Sure. I was delighted. Packs ripped open and vitamins immediately scoffed. Declared delicious. I real hit in our home. She loved the consistency, declaring that they tasted like gummy bears. There is an added benefit for us as Molly has reflux as well as allergies so she needs a low sugar diet. This can be hard - limited cakes, cookies and sweets. So we're in the position of finding something that she needs, and that now counts as a treat in our house as they taste so wonderful. Strong preference for strawberry over orange but she's a bit strawberry mad so I don't think it's a reflection on the flavour of the orange ones.

The packaging was a huge hit; must admit I was a bit surprised by how adorable she found the bear pots. She's nearly 10 so I feared that she might find it a bit 'babyish' but that wasn't her reaction at all. She's planning to reorganise her hair bands for school and put them in the pots when they're empty. At £6.99 per pot I think it's a good price; made even better by having the re-usable pots.

If you are struggling to get your children to take a vitamin supplement then I really do

think these are your answer. Vitamin gummy bears is what we call them. Getting her to limit to 2 a day is our challenge!

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